

RSE
**Relationship and Sex
Education**

Summer 2



Year 1

Boys and girls, families

Lesson Outlines

Discussion Questions

How have you changed since you were a baby?

*In what way do you care for your siblings, parents,
grandparents?*

How are boys and girls similar?

How are boys and girls different?

Reading Materials

- *There's going to be a baby, John Birmingham and Helen Oxenbury*
- *The great big book of families, Mary Hoffman*
- *Your mummy ate my football, Birmingham Health Education Unit*
- *Boys and girls, Birmingham Health Education Unit*
- *The world is full of babies, Nick Branning and Brita Granstrom*
- *Once there were giants, Martin Waddell*

LESSON ONE

Pupils learn about growing from young to old and that they are growing and changing

Pupils • can identify key stages in the human life cycle • understand some ways they have changed since they were babies • understand that all living things including humans start life as babies

LESSON TWO

Pupils learn that everybody needs to be cared for and ways in which they care for others

Pupils • understand that we all have different needs and require different types of care • identify ways we show care towards each other • understand the links between needs, caring and changes throughout the life cycle

LESSON THREE

Pupils learn to understand and respect the differences and similarities between people

Pupils • are able to define difference and similarity • understand that boys and girls can do the same tasks and enjoy the same things, but that stories, TV and people sometimes say boys do this and girls do that